

Friday 4th September 2026

Happy, Healthy, Aiming High

Headteacher's Message

Dear Families,

A very warm welcome back to Angel Road Schools for the start of the new academic year. We hope you have all enjoyed a wonderful summer break and are feeling refreshed and ready for the exciting year ahead. I would also like to extend a special welcome to all of the new families joining us this year. We are delighted to have you as part of our school community. Angel Road is a fantastic school at the heart of the community, and we place great value on the strong relationships we build between home and school. By working together, we can ensure that every child thrives and achieves their very best.

It has been wonderful to see the children return this week. They have come back bright, happy and eager to learn. Across the school, pupils have made an excellent start, settling into new routines, meeting our high expectations and demonstrating a positive attitude towards their learning.

During our first assembly of the year, I was incredibly proud of how well-behaved, respectful and engaged the children were. It was a fantastic start to the term and a real reflection of the excellent attitudes we see across our school.

We have lots of exciting learning opportunities planned for the year ahead and we are looking forward to seeing the progress all of our children will make. As I said in assembly yesterday, "The future is unwritten!" Every child has the opportunity to make this year a successful, memorable and rewarding one, and we cannot wait to see what they achieve.

Changes to Bike and Scooter Storage

From Monday, there will be a small change to where bikes and scooters are stored during the school day. To ensure that bikes and scooters are kept secure and safely locked away, they will now be stored in the secure area behind the hall. The bike racks will be relocated to this area and the gates will remain locked throughout the school day.

Please refer to the images provided below for guidance on the new location.

This change will also help improve site access, allowing families to use the pathway to move more easily between different parts of the school site. Thank you for your support with this change.

Finally, thank you for your continued support and for the many kind messages and well wishes that have been shared with staff as we begin the new school year. We look forward to working with you over the coming months.

E J Savage
Headteacher



Upcoming Events



Monday 7th September
Nursery opens

Thursday 17th September
Whole School Online Safety Day

Thursday 24th September
Reception and Year 6
National Height and Weight Programme
(Information sent via email)

Wednesday 7th October
Year 2 Trip to Sheringham Park
(Details to be sent out soon)

Thursday 22nd October
Last Day of Half Term

Friday 23rd October
Staff INSET Day
School closed for children

Half Term
Friday 23rd October – Friday 30th October

Monday 2nd November
First Day of Half Term

Attendance News

Every Day Counts

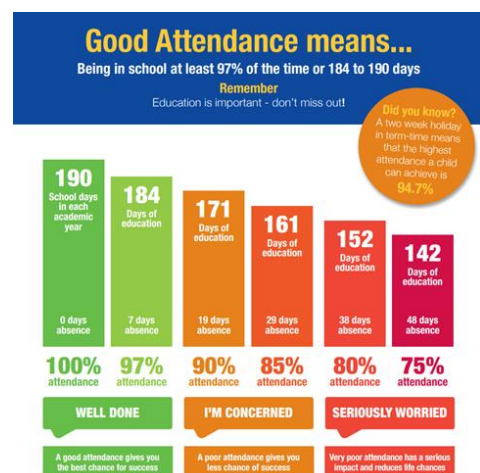


Welcome back to school everyone!

In this space in the newsletter, we will post weekly news and updates about important aspects of attendance and relevant information for all families.

Being at school every day is really important. Not only do your children get to have fun and spend time with friends, but they get to learn new things and explore different ideas.

Did you know that you can now monitor your child's attendance percentage on the Arbor Portal? Please contact the school office if you need help logging into this.



Whole School Attendance this week

In this section of the newsletter, we will post weekly percentages of class attendance. We feel it is important for all families to be aware of the attendance of children across the whole school. Each week Bertie Badger will visit the class with the highest attendance percentage. We will share attendance news and percentages with the children during Celebration assemblies in school.

Please [click here](#) for more information about Working Together to Improve School Attendance
'Should I keep my child off school?'

A handy checklist for all those common illnesses.

Please click here!

10 Top Tips for Parents and Educators SUPPORTING CHILDREN GOING BACK TO SCHOOL

Returning to school after the summer holidays can be both exciting and daunting for children of all ages. Different routines, classes, schools, and academic pressures can cause anxiety or uncertainty. Parents play a vital role in easing this transition. This guide will help you support your child emotionally, mentally, and practically as they return to school.

1 RE-ESTABLISH ROUTINES

Gradually shift back to school-time routines a week or two before term starts. Regular bedtimes, wake-up times, and mealtimes can help children feel more secure and reduce the shock of change when school begins. Having a routine creates predictability and stability, helping to reduce anxiety while improving sleep and concentration.

2 TALK ABOUT FEELINGS

Encourage open conversations with children about their feelings. Ask them how they feel about returning to school, such as what they're looking forward to and anything they might be feeling unsure or worried about. Validating their emotions can help reduce anxiety and show them it's okay to talk about their emotional wellbeing.

3 SUPPORT WITH SLEEP

Children need adequate sleep for concentration, brain function, memory, and emotional regulation. Establish a wind-down routine without screens at least an hour before bed, and encourage relaxing activities like reading or listening to calming music.

4 LOOK OUT FOR SIGNS

Some children hide their anxiety. Watch for changes in their behaviour, such as withdrawal, stomach aches, and irritability. If worries persist, speak with their teacher or the pastoral team early to ensure your child receives support.

5 REFRESH SOCIAL CONNECTIONS

Help children reconnect with school friends by arranging playdates or video chats in the week before school starts. Familiar faces and social interactions help the transition and provide emotional comfort on that first day back.

6 CREATE A CALM MORNING

Mornings set the tone for the day. Plan ahead with a consistent morning routine that allows time for breakfast, getting dressed, and talking calmly about the day. Avoid last-minute rushing to reduce stress for everyone.

7 FOCUS ON POSITIVES

Talk about the fun and interesting parts of school - seeing friends, favourite subjects, or exciting activities. One simple but powerful change parents can make is swapping "How's your day been?" for "What's been good about your day?" This invites more of a positive, open response. Focusing on positives can help shift children's anxious thoughts and reframe school as a safe and engaging place.

8 VISIT OR VISUALISE SCHOOL

If possible, encourage visits to the school grounds before the first day, especially if it's a new school. Walking the route or even looking at photos of classrooms and teachers can make the environment feel familiar. The school website is always a great go-to place for this. This is particularly helpful for younger children or those with additional needs.

9 PLAN AHEAD TOGETHER

Involve children in preparing for school - buying supplies, packing their bag, or choosing lunch options. This gives them a sense of control and builds excitement. Use checklists or calendars to prepare together, helping reduce last-minute stress.

10 STAY POSITIVE AND PRESENT

Children pick up on your outlook. Stay calm, positive, and present, especially during drop-offs. Avoid lingering goodbyes, and let them know you'll be there at pick-up. A consistent, reassuring presence builds their confidence and resilience.

Meet Our Expert

This guide was created by Jo Morton-Brown, an Emotional Health Practitioner with nearly 15 years' experience supporting children and young people's mental health. She produces uplifting YouTube content for pupils and trains adults to better support young people's wellbeing, with a mission to help every child feel valued and understand their emotions.



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